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Date

Making Connections—Dinner Time!

meals. The following is a typical ration for one day: bread and meat. They rarely get vegetables. Soldiers have to prepare their own The soldiers are supposed to get a variety of food. However, they live mostly on

Daily Ration

- 1 pound of beef or ½ pound of salt pork
- 1 pound of flour for making bread
- 1 pint of peas or commeal
- salt
- 1 gallon of water or other beverage

and 1,000 soldiers for one day. Then, answer the questions below. **Directions:** You are now in charge of rations. Plan how much you need for 100

	Total for 100 soldiers	Total for 1,000 soldiers
beef		
salt pork		
flour		
peas/ cornmeal		
water		

- soldiers have to cook their own food What foods would you add to the list if you had the budget? Remember, the
- 12 What challenges would you face in providing for the soldiers during winter?